

May 1, 2025

**Exercas**, the Love Foundation presented Global Love Day on May 1, 2004. The Theme for that year was Love Begins with Me. The initial vision was to dedicate a special day to recall that love is the link that binds us all; and

**Electrons**, this day is a symbol of what we can do every day of the year. Global Love Day is intended to join together in a conscious recognition that love is always present. For so many, love is often hidden under layers of hurt, trauma, drama, pain and suffering. Emotional memories, unspoken doubt, fear, resentment and a multitude of old beliefs often keep us from realizing these thoughts and feelings have no real power over us; and

**Exercas**, It is time to change that. It is time to release ourselves from our own self-created bondage. Together we have the opportunity to make a difference. Together we can embrace our unlimited self, the part of us that knows love and expresses it naturally and simply; and

**Exercise**, when we accept ourselves just for who we are that we transform the moment into peace, security, joy and love. We build a new reality in this current moment when we let go. When we choose love over fear, kindness over hate, integration over separation, and peace over war, we bring a new reflection to humanity... our loving selves.; and

**Row, Therefore**, I, Gary Singh, Mayor of the City of Manteca, on behalf of City Council, do recognize May 1, 2025, as Global Love Day, a day of forgiveness and unconditional love. Global love Day can act as a model for all of us to follow, each and every day.

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Mayor Gary Singh